

Aromatherapy Associates body treatments

The Real Aromatherapy experience P 70 mins

Traditional aromatherapy massage incorporating spinal pressures, foot reflexes, face body and scalp massage. Following consultation, pre-blended oils will be selected to balance your mind, body and spirit. A consultation will be carried out in order for your therapist to choose the most suitable oils to balance your mind, body and spirit. Heavenly! £71.00

The real nurturing experience P 55 mins

Aromatherapy massage which has been specially adapted for pregnant or nursing mums, ensuring ultimate pampering and comfort. We recommend waiting until second trimester before having this treatment £65.00

Body boosters P 55 mins

Body exfoliation, layering of gels, creams and oils and then you will be cocooned in a loose wrap. Ensuring ultimate product absorption. Relaxing scalp or foot massage is carried out whilst body is cocooned. Choose de-stress mind, revive detox, rose renew, rescue after sun or rose renew pregnancy/ new mum. £61.00

Extend your treatment to 85 mins with a relaxing back massage after cocoon. £74.00

Rescue breathe easy 55 mins

An upper body treatment designed to help clear the head and chest. Includes sinus and forehead drainage. £59.00

Destress muscle release 55 mins

Deep tissue massage follows layering of destress muscle gel and oil. Excellent for sore aching muscles and joints £57.50

* P = suitable treatment during pregnancy.